



ARGENTTA

body

AB TONIC

50 min

–

This body treatment features a scrub, toning application, self-heating wrap and a phyto-marine complex. 100% pure and natural, producing visible results. This treatment gently exfoliates, eliminates impurities and dead cells while detoxifying and draining excess water.

SOUL JOURNEY

50 min

–

This deeply relaxing treatment focuses on your head, arms, hands and feet. While you relax, let your massage specialist combine pressure point, compression and relaxing movements to release any stress. A special blend of essential oils of mint with warm wraps for your hands and feet will rejuvenate your soul and have you leaving refreshed

GENTLEMAN'S BODY TREATMENT

80 min

–

Indulgent and invigorating, this body scrub and massage is designed with the gentleman in mind. Pure essential oils of cedar wood and vetiver grass seal in the healing benefits of organic botanical extracts. Leaves skin smooth and you feeling stress free.

ARGENTTA SEVEN ELEMENTS RITUAL

80 min

–

Experience a rush of wellness with this fresh mix of potent ingredients that create a toxin free solution to restore aging skin to optimal health. In this seven part ritual body, the skin is nourished and cleansed with organic milk, powerfully exfoliated with bioactive peat enzymes and ripe antioxidant-rich berries bursting with omega 3's and 6's. The lymphatic system is stimulated with a mushroom and phyto-nutrient wrap followed by a facial massage with illuminating rose essential oil to boost collagen. A pure plant hydrosol ionizing mist oxygenates and refreshes the system. Close with an essential omega fresh berry oil full body massage and an application of rich arctic berry extracts to promote elasticity and youthful skin.

PEPPERMINT & SEAWEED SUGAR GLOW

50 min

–

This refreshing and all over exfoliation treatment awakens the skin and body. It features a fabulous mix of organic peppermint leaf, seaweed and sugar all of which perform the double action of gently removing dead skin cells while introducing you to uplifting effects of our peppermint essential oil.



body

PRECIOUS MOMENTS FOR MOM-TO BE

50 min

–

This treatment is tailored specially to relieve the aches of a Mom-to Be. Your feet will be wrapped in Laminaria Digitata Seaweed leaves to help boost circulation, improve lymphatic drainage and reduce fluid retention. The growing bump is enveloped in a specialized mask to help prevent stretch marks. Includes scalp massage

SILVER MOON SALT SCRUB

50 min

–

This restorative Icelandic moonflower body treatment will transport the senses while gently exfoliating with a luxurious blend of pure Dead Sea salt and rich aloe butter. The dreamy scent of freesia and the grassy floral of Boronia that transcends the night will leave you full of freshness that flows through the whole system.

TANGLE ME UP WRAP

80 min

–

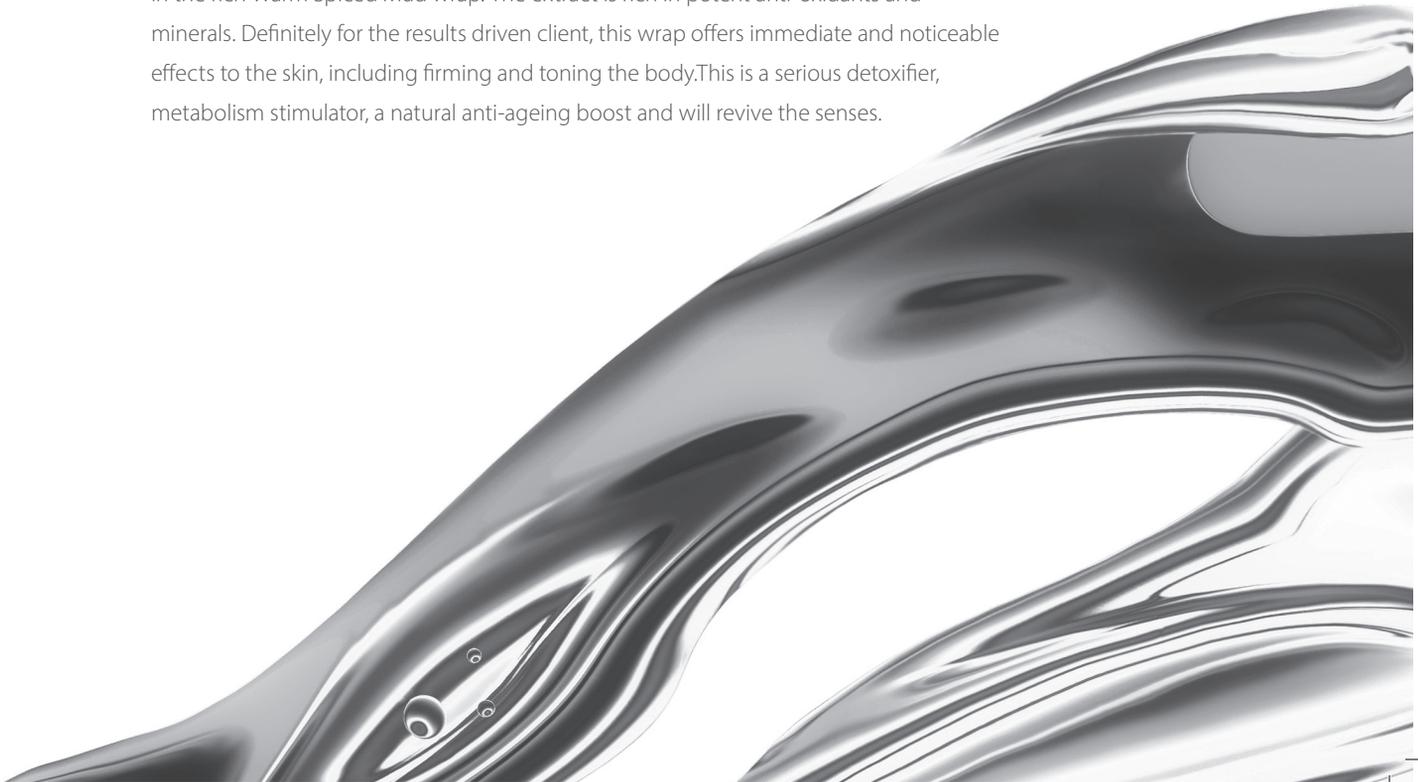
Unlike any other seaweed treatment, this truly amazing therapy detoxifies, firms, and is excellent in conjunction with a weight loss program. The whole body is then covered in Laminaria seaweed leaves hand harvested from Ireland. This service shows instant results

WARM SPICED MUD WRAP

50 min

–

The seaweed is taken fresh from the ocean and its purifying elements are encapsulated in the rich Warm Spiced Mud wrap. The extract is rich in potent anti-oxidants and minerals. Definitely for the results driven client, this wrap offers immediate and noticeable effects to the skin, including firming and toning the body. This is a serious detoxifier, metabolism stimulator, a natural anti-ageing boost and will revive the senses.



facials

ARGENTTA COUTURE FACIAL

60 min/120 min

–

A luxury cellular treatment using Swiss Cellcosmet is designed for anti-aging and complexion enhancement, customized to your skin type and age. This treatment using active cells that will give you an Instant Lift. Afraid of the needle? With this facial you won't need one. This is a facelift in a jar.

ARGENTTA BY DESIGN FACIAL

60 min/120 min

–

A customized facial with the Swiss Cellcosmet skincare line. Your esthetician will analyze your skin and create a luxurious experience where your skin will look and feel like new. Then they will create a program for you to extend the results of the facial

BRILLIANCE EYE TREATMENT

60 min

–

This amazing treatment is strictly focused for your eyes. The esthetician will cleanse the gentle eye area and exfoliate and treat the eyes to the pamper de-puffing they deserve. This treatment is inclusive of an indulgent scalp massage

BLACK TIE FACIAL

90 min

–

This unique treatment respects the specific identity of men's skin. A customized cellular treatment designed for revitalization and packed with anti-aging ingredients, this facial will revitalize and repair, moisturize and nourish, re-balance and reinforce. In other words, it will take a front seat to anything you've done until now.

CELEBRATE EVERDAY

60 min/120 min

–

This pure organic treatment is suitable for all skin types. Deeply detoxifying, this facial will even out skin tone and increase clarity

VITAMIN DC FACIAL

60 min

–

This Vitamin C facial uses SkinCeuticals products that contain a powerful antioxidant complex to help skin deal with everyday sun exposure and neutralize free radicals.

We call it the Vitamin DC Facial - get your essential Vitamin D from the sun, then add some Vitamin C with our facial.



massages

CRANIOSACRAL

50 min

–

This very gentle, non-invasive hands-on approach focuses on the craniosacral system, that big beautiful skull of yours. A light touch encourages your own natural mechanisms to improve the functioning of your brain and spinal cord, to dissipate the negative effects of stress and to enhance your general health and resistance to disease.

DREAM IN COUTURE MASSAGE

80 min

–

This relaxation treatment offers luxury and comfort in an incomparable sleep encouraging experience. Be ready to have all the stresses and strains melt away and experience the ultimate sensory boost to aid the perfect night's sleep. Excellent jet lag cure!

AG STRETCH

50 min/ 80 min

–

Stretch and relax with this massage while your specialist assists and guides your body. Performed in the fitness studio, this massage is great for the person that wants increased flexibility and range of motion. *this service is done fully clothed. Please wear workout attire*

EXPRESS MASSAGE

25 min

–

Focused work on tight muscles

HOT STONE

50 min

–

Blends heated Basalt stones with Swedish massage strokes to improve circulation.

MOTHER TO BE MASSAGE

50 min/ 80 min

–

For the expectant mother in her second or third trimester to release tension and fatigue. A fragrance free oil will be used for this treatment.

MUSCLE RECOVERY MASSAGE

50 min

–

Stress and overuse can take a toll, even on the fittest of physical fanatics. Enjoy increased range of motion and the penetrating warmth of juniper, which provides nourishment to sore, tired muscles.

ONE + ONE

50 min/ 80 min

–

Unwind together with a full-body aromatherapy massage, which uses a blend of essential oils and purposeful movements to stimulate circulation, promote deep relaxation and restore the flow of energy throughout the body. This wonderfully soothing and rejuvenating experience is the ideal way to spend time with one another. This service is performed in the luxurious couples treatment room



massages

ORGANIC HERBAL COMPRESS

80 min

–

A real sensory treat. Warm bags of orange, clove, ginger and fucus serratus seaweed are gently massaged into the body releasing the precious seaweed oils. We use a combination of the finest organic ingredients and seaweed to massage your body, gently exfoliate and nourish your skin.

REFLEXOLOGY

50 min

–

By applying pressure to reflex points combined with massage of the extremities, stagnant energy is released and deep relaxation is induced. This heavenly treatment dramatically reduces stress, increases vitality and improves every facet of physical health and emotional well-being.

THE AG CUSTOMIZED MASSAGE

50 min/ 80 min/ 110 min/

–

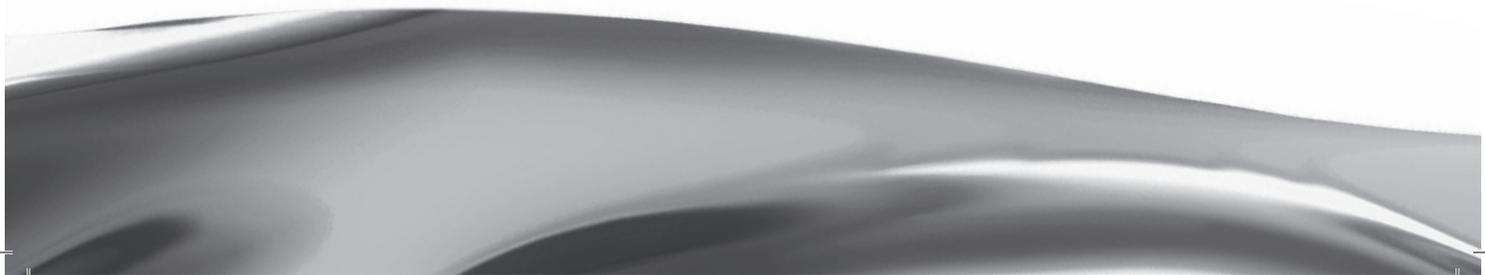
Whether you seek relief for overexerted muscles, or simply want to let your mind and body escape reality, your Spa therapist will customize your massage using specialty products, including aromatherapy blends that are accompanied by a variety of techniques to achieve ultimate relaxation and rejuvenation. This massage will be customized with a blend of Swedish to deep work depending on client needs

THE ARGENTTA SIGNATURE

50 min/ 80 min/ 110 min

–

Enveloped by the glow of the soft light of a massage candle that melts into a warm oil, enjoy a unique and relaxing experience where all your senses are indulged. This treatment is customized to your needs, providing an unforgettable experience.



wax

OUR USE OF SUPERIOR WAX BLENDS
ENABLES QUICK, EXPERT HAIR REMOVAL
WITH MINIMAL SKIN IRRITATION.

	Duration
Abdomen	15 minutes
Basic Bikini	30 minutes
Bikini Hi-Line	30 minutes
Brazilian	45 minutes
Brow Styling	30 minutes
Chest	25 minutes
Chin	10 minutes
Full Arm	30 minutes
Full Back	30 minutes
Full Leg	30 minutes
Full Leg / Bikini	1 hour
Full Leg with brazillian	1 hour 45 minutes
Half Arms	20 minutes
Half Back	15 minutes
Lip	10 minutes
Lower Leg	30 minutes
Nape of Neck	20 minutes
Shoulders	20 minutes
Underarm	15 minutes
Upper Leg/Bikini	45 minutes
Upper Leg/Brazilian	45 minutes

HAPPY HOUR MANICURE

30 min

–

Indulge in a classic manicure completed with a customized cocktail inspired by the vivid green, pink, red, and orange hues of the season. You will also receive 15% off your bill at our Kingbird Bar.

GENTLEMEN'S PEDICURE

30 min

–

Ground and center the spirit with this healing treatment that drenches the skin in the balsam and smoky wood of tree resins. Then, enjoy an application of cedar wood and mandarin rind, boosted with coconut and avocado butters, for a truly luxurious escape

REFRESH MANICURE

25 min

–

Need a quick fix? In this refreshing manicure there will be no cuticle cutting. You will be trimmed and filed then massaged with an invigorating peppermint blend. Next you'll be polished or buffed to perfection just in time for that next meeting or your night out.

hands & feet

ARGENTTA TURN BACK TIME HAND TREATMENT-

80 min

-

Indulge in this Organic anti-aging treatment and manicure for your hands. During this treatment you will receive an enzymatic peel to rejuvenate the skin. Next a warm wax treatment to soften and smooth the skin. Followed by a full manicure where you will be clipped, trimmed, filed, massaged and buffed before your polish color is applied. Your hands will look and feel amazing

ARGENTTA LUX MANI

50 min

-

Smooth, tone and brighten your hands and nails in antioxidant-rich berries, organic mushrooms and pure plant hydrosols. A wonderfully restorative ritual for the extremities crafted for an extraordinary healing experience.

ARGENTTA LUX PEDI

50 min

-

Submerge your feet and toes in nature. This extraordinarily nourishing treatment delivers a surge of hydration while firming and toning the skin using antioxidant-rich arctic berries, white peat enzymes and omegas 3 and 6.

AG CLASSIC MANI

35 min

–

Transcend the stresses of life with the dreamy scent of dew-touched grass. A soothing hand soak softens the skin while a gentle exfoliation with nutrient-rich extracts stimulates circulation. Complete the experience using a warmed blend of essential oils enriched with shea butter to hydrate, protect and heal.

AG CLASSIC PEDI

45 min

–

Ground and center the spirit with this healing treatment that drenches the skin in the a fresh and invigorating essential oils. Followed by an application of coconut and avocado butters, for a truly luxurious escape.



fitness

FITNESS

Personal Training by appointment only

–

Full step by step guidance from our certified personal trainer with a workout tailored to your specific needs.

WORKOUT ON THE FLY

15 min

–

Get a 10 minute fitness assessment from our personal trainer. They will then create a workout tailored to your goals and equipment in our fitness center. Then you're off to do the workout prescribed. Do you feel like working out but don't really know where to start? This is the program for you!

+1 202 838 5000

argenta@thewatergatehotel.com

Online: www.argentaspa.com



ARGENTTA

