



## SPA MENU

### Body Treatments

**GENTLEMAN'S BODY TREATMENT** - 80 min (\$255)

Indulgent and invigorating, this body scrub and massage is designed with the gentleman in mind. Pure essential oils of cedar wood and vetiver grass seal in the healing benefits of organic botanical extracts. Leaves skin smooth and you feeling stress free.

**PEPPERMINT & SEAWEED SUGAR GLOW** - 50 min (\$170)

This refreshing and all over exfoliation treatment awakens the skin and body. It features a fabulous mix of organic peppermint leaf, seaweed and sugar all of which perform the double action of gently removing dead skin cells while introducing you to uplifting effects of our peppermint essential oil.

**SILVER MOON SALT SCRUB** - 50 min (\$165)

This restorative Icelandic moonflower body treatment will transport the senses while gently exfoliating with a luxurious blend of pure Dead Sea salt and rich aloe butter. The dreamy scent of freesia and the grassy floral of Boronia that transcends the night will leave you full of freshness that flows through the whole system.

*Prices do not include gratuity.*

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## SPA MENU

### Massages

**THE AG CUSTOMIZED MASSAGE** - 50 min (\$180), 80 min (\$270), 110 min (\$360)

Specialty products, including aromatherapy blends and techniques will achieve ultimate relaxation and rejuvenation. Whether you seek relief for overexerted muscles, or simply want a mind and body escape, your Spa therapist will customize your massage with a blend of Swedish to deep work.

**HOT STONE**- 50 min (\$185), 80 min (\$275)

Blends heated Basalt stones with Swedish massage strokes to improve circulation.

**MOTHER TO BE MASSAGE** - 50 min (\$175) 80 min (\$260)

For the expectant mother in her second or third trimester to release tension and fatigue. A fragrance-free oil will be used for this treatment.

**MUSCLE RECOVERY MASSAGE** - 50 min (\$170)

Stress and overuse can take a toll, even on the fittest of physical fanatics. Enjoy increased range of motion and the penetrating warmth of juniper, which provides nourishment to sore, tired muscles.

**ORGANIC HERBAL COMPRESS** - 80 min (\$255)

Warm bags of orange, clove, ginger and seaweed are gently massaged into the body releasing the precious oils. The finest organic ingredients to massage your body, exfoliate and nourish your skin.

**CRANIOSACRAL** - 50 min (\$170)

This very gentle, non-invasive hands-on approach focuses on the craniosacral system. A light touch encourages your own natural mechanisms to improve the functioning of your brain and spinal cord, to dissipate the negative effects of stress and to enhance your general health and wellbeing.

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