



SPA MENU

Massages

THE AG CUSTOMIZED MASSAGE - 50 min (\$180), 80 min (\$270), 110 min (\$360)

Specialty products, including aromatherapy blends and techniques will achieve ultimate relaxation and rejuvenation. Whether you seek relief for overexerted muscles, or simply want a mind and body escape, your Spa therapist will customize your massage with a blend of Swedish to deep work.

HOT STONE- 50 min (\$185), 80 min (\$275)

Blends heated Basalt stones with Swedish massage strokes to improve circulation.

MOTHER TO BE MASSAGE - 50 min (\$175) 80 min (\$260)

For the expectant mother in her second or third trimester to release tension and fatigue. A fragrance-free oil will be used for this treatment.

MUSCLE RECOVERY MASSAGE - 50 min (\$170)

Stress and overuse can take a toll, even on the fittest of physical fanatics. Enjoy increased range of motion and the penetrating warmth of juniper, which provides nourishment to sore, tired muscles.

ORGANIC HERBAL COMPRESS - 80 min (\$255)

Warm bags of orange, clove, ginger and seaweed are gently massaged into the body releasing the precious oils. The finest organic ingredients to massage your body, exfoliate and nourish your skin.

CRANIOSACRAL - 50 min (\$170)

This very gentle, non-invasive hands-on approach focuses on the craniosacral system. A light touch encourages your own natural mechanisms to improve the functioning of your brain and spinal cord, to dissipate the negative effects of stress and to enhance your general health and wellbeing.

Prices do not include gratuity.